





celebrate





20 reflection

21	WHERE ARE YOU WITH THOSE GOALS?					
WHAT PROGRESS TOV	VARDS ACHIEVING THOSE GOALS DID YOU MAKE IN 2021?					
	ULAR TIME OF YEAR WHERE YOU WERE ABLE TO MAKE MORE PROGRESS ON THERS? WHY DO YOU THINK YOU WERE MORE SUCCESSFUL AT THAT TIME?					
HOW WILL YOUR PLAN	N FOR 2022 CHANGE WITH THAT IN-MIND?					



celebration

OFTEN TIMES WE FOCUS ON WHERE WE DIDN'T SUCCEED OR WHERE WE FELL SHORT ON OUR GOALS. IT'S IMPORTANT TO CELEBRATE EVERY WIN, NO MATTER HOW SMALL!

01	06
02	07
03	08
04	
05	10

REMEMBER TO CELEBRATE MILESTONES AS YOU PREPARE FOR THE ROAD AHEAD.

-nelson mandela



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growth

NO ONE LIKES TO RELIVE OUR NOT-SO-FINEST MOMENTS, BUT WHEN YOU UNPACK THOSE SITUATIONS OR ISSUES AND LOOK FOR THE POSITIVE ASPECTS, THE MORE IN CONTROL WE FEEL AND WE CAN MOVE FORWARD! WRITE DOWN THE TOP THREE GROWTH MOMENTS YOU (AND YOUR TEAM) WORKED THROUGH:

01	
02	
03	
LIST THE POSITIVE RESULTS THAT CAME FROM THE CHALLENGES THAT YOU LISTED ABOVE.	
HOW DID YOU CHANGE YOUR REACTIONS OR YOUR PROCESS IN RESPONSE?	
IF THE SAME CHALLENGE HAPPENS IN 2022, HOW ARE YOU GOING TO ATTACK IT?	



BEFORE WE CAN PLAN FOR 2022, LET'S RIP THE BAND-AID OFF. REFLECT ON THESE

RATE 1-5: 1-DIDN'T HAPPEN, 5-IN TOTAL CONTROL

area	rate	how could it improve?	what got in the way?
Travel			
Health & Wellness			
Finance			
Organizational Goals			
Professional Growth			
Personal Growth			
Relationships			
Extracurricular			
Confidence			
Challenging yourself			
Challenging your business			



abundance

acceptance

adventure

accept

align

aware

badass

balance

believe

celebrate

centered

complete

connect

contribute

new intentions

fulfilling

happiness

grow

health

honesty

WE THINK IT'S IMPORTANT TO SET INTENTIONS FOR YOURSELF AND YOUR BUSINESS REGULARLY. IF THERE'S ANYTHING WE ARE PASSIONATE ABOUT IT'S VERBALIZING YOUR GOALS AND HOW YOU'RE GOING TO TACKLE THEM. NOW, INTENTIONALLY SELECT A WORD FOR THE YEAR THAT WILL ULTIMATELY MOTIVATE.

meaning

mindful

nourish

optimistic

organize

receive

release

respect

service

simplicity

transform

unleash

unlimited

transparent

unstoppable

allow ambition	belong bliss	courage determination	fearless finish	inspire integrity	patience positivity	soar steady	wealthy wellness
amplify aspire	brave captivating	discipline discovery	flourish focus	liberate light	prioritize progress	still thoughtful	wholehearted worthy
dspire	captivating	discovery	Tocus	iignt	progress	thoughtiui	worthy
WHAT DOES	THIS WORD ME	AN TO YOU?					
WHAT ARE TI	HREE WAYS YO	U CAN PUT THI	S WORD IN	TO ACTION?			
01							
VI							
02							

elevate

empower

energize

engage

faith

visual, like us? our favorite part of planning for 2022 is to create a vision board.

THIS IS A PERFECT EXERCISE FOR YOU AND YOUR TEAM.



non-negotiables

WRITE DOWN YOUR NON-NEGOTIABLE GOALS FOR 2022. BE REASONABLE WITH EXPECTATIONS. CHOOSE SOLID ONES AND GET READY TO KNOCK THOSE OUT OF THE PARK.



plan

YOU'VE LISTED YOUR GOALS, NOW LIST THE TOOLS, RESOURCES AND SKILLS YOU'LL NEED TO ACCOMPLISH THEM.

BONUS: WHEN YOU'RE FEELING STUCK TO ACCOMPLISH A GOAL, REFLECT ON THIS LIST TO GIVE YOU INSPIRATION.

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LIST THE STEPS YOU'LL NEED TO TAKE IN-ORDER TO REACH YOUR GOALS. **set deadlines!**

STEP:	DEADLINE:
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accountability

IF YOU'RE A SOLO-PRENEUR, IT CAN BE TOUGH TO SEE ANOTHER WAY AROUND A PROBLEM IF YOU'RE THE ONLY ONE. PARTNER UP WITH A FELLOW BUSINESS PARTNER STRATEGIST TO KEEP YOU ON TRACK. IF YOU'RE A TEAM, CHOOSE A PARTNER WHO WILL REFLECT, ANALYZE AND REVIEW THROUGHOUT THE YEAR.

HERE IS YOUR BUSIN	ESS?				
HAT ARE YOUR MAJO	DR ACCOMPLISH	MENTS FOR TH	IE YEAR?		
HAT ASPECTS OF YO	UR BUSINESS AN	ID PROFESSIO	NAL LIFE HAVE YO	OU IMPROVED THRO	UGHOUT THE YE
AAT WILL YOU REWA	RD YOURSELF AI	ND YOUR BUSI	NESS WITH FOR I	ROCKING THESE GO	ALS?



YOU AND YOUR BUSINESS ARE READY

there's

NO GOING BACK